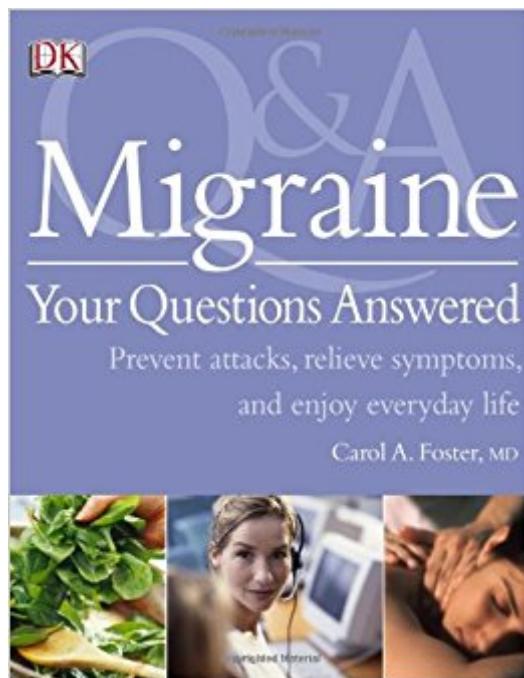


The book was found

Migraine Your Questions Answered (Q & A)



Synopsis

Providing practical guidance about the various self-help measures, conventional medical options and complementary therapies, this jargon-free question-and-answer guide provides practical advice about coping with various forms of migraines.

Book Information

Series: Q & a

Paperback: 192 pages

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Best Sellers Rank: #1,112,512 in Books (See Top 100 in Books) #18 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1025 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Pain Management

Customer Reviews

Dr Carol A. Foster is a board-certified neurologist specializing in migraine and founder of the Valley Neurological Headache and Research Center in Phoenix, Arizona. She has established her practice as a leading private clinic dedicated to the treatment and research of headache disorders. Dr Foster is a regular reviewer for journals Headache and Headache Quarterly and author of several publications on headache. --This text refers to the Flexibound edition.

I have suffered migraines for years and so far have not found a way to prevent them just use Imitrex and naproxen after I have them. This book will help those that suffer and should help those around you to understand them a little better. That has been important and has helped me and those around me.

As a former patient this book was a great reminder of the many things she taught me about how to keep migraines under control.

This book gave me more insight into migraine headaches, answered some questions, and generally gave me more information that will be helpful in treatment of migraine.

not worth the money outdated no new suggestions just another information book Don't waste your moneydo you want my copy

This is an excellent book which provides the most current information on migraine disease. It is organized in a simple, question and answer format. Although some of the questions become repetitive if you read the book straight through, the information is thorough and easy to understand. A person seeking specific information about migraine disease will be able to find it easily in this book.

This is a very concise, yet easy to understand book about migraine for anyone wanting to learn the basics. It covers all aspects of the subject, and you will turn to it often. It is also helpful to families learning how to be supportive for the person with migraine.

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